

POST CARE INSTRUCTIONS FOR CHEMICAL PEELS, IPL, SUBLATIVE AND MICRONEEDLING

*****Begin the process of cleaning the treatment site the following morning subsequent to the procedure and then again in the evening (continuing to cleanse am & pm for 7 days)*****

(Step 1) Cleanse:

Cera Ve/Cetaphil Gentle Facial Wash
(These products can be found at Walmart, Walgreens, CVS &/ Target)

*If you have purchased a product/products from Ochs Dermatology such as Sente's Soothing Cleanser, you may apply this product to the treatment area.

(Steps 2) Moisturize:

Aquaphor/Vaseline
(These products can be found at Walmart, Walgreens, CVS &/ Target)

(Steps 3) Hydrate:

*If you have purchased a product/products from Ochs Dermatology such as Topix's Replenix Pure Hydration and or Sente's Dermal Repair Cream, you may apply these products to the treatment area.

*If using both the serum & cream in conjunction with each other, apply the serum first (Topix's Replenix Pure Hydration) wait approximately 5 min for the product to absorb, then apply the cream (Sente Dermal Repair Cream).

*For an occlusive barrier, you may apply the Aquaphor/Vaseline atop both products (Remember: Less is more, a thin layer of a petroleum based product is all you need)!

*****PLEASE DO NOT USE VITAMIN C PRODUCTS FOR 7 DAYS*****

(Step 4) Protect against UVA/UVB rays:

Look for a Physical Sunscreen (Titanium Dioxide and or Zinc Oxide)
(These products can be found at Walmart, Walgreens, CVS &/ Target or purchased from Ochs Dermatology)

*If you have purchased a product/products from Ochs Dermatology such as Topix's Replenix Sheer Physical Sunscreen, you may apply this product to the treatment area.

*Remember: Sunscreen goes on last as it is to promote a barrier between yourself & the sun!

*If additional comfort is desired, you may apply a cold compress (ice pack) to the affected area (making certain there is a barrier between your skin & the compress [a paper towel will do]).

*You may resume your normal skincare regimen after the seven day (1 week) period

*When applying makeup please clean all implements/instruments (brushes/sponges) & scrape the top layer of pressed powders off to minimize potential infection (please do not use liquid foundations).

*We encourage you to schedule a dermal infusion, two weeks subsequent to your IPL/microneedle/sublative/chemical peel treatment to mechanically & uniformly exfoliate.

***Please contact us with any questions or concerns 210.493.1568**

Thank you for trusting Ochs Dermatology with you skin! Enjoy the results of your service!